

Profile

{tab= Carolyn}

Occupational Therapist working with Children and Adults

Carolyn Lovell qualified as an occupational therapist in 1989, graduating from the Welsh School of Occupational Therapy, Cardiff. She worked within statutory services for 19 years before founding Quality Independence and starting work as an independent practitioner.

Carolyn now specialises in:

• Treatment and intervention for individuals who have physical difficulties, including adults and children with highly complex needs. This includes working with children with cerebral palsy using neuro-developmental treatment techniques, and with individuals of all ages who have experienced head injury or onset of a chronic medical condition.

• Assessment and Provision of Occupational Therapy treatment for children or adults with Dyspraxia, or other physical developmental coordination disorders - including the provision of written reports that can be used within the EHCP process.

• Provision of advice on home adaptations to enable more independent or accessible living at home. Carolyn is frequently involved in the entire home adaptation process including identifying a suitable property to purchase (if a move is necessary) and working with architects, local authorities, and builders to ensure that the adaptations and installed equipment are appropriate for long term use as well as being homely. She also currently works with Harlow Housing services and the Harlow Decent Home's team providing adaptation design advice for council tenants.

• Seating and wheelchair assessments. Carolyn is able to assess an individual's postural or seating needs and then provide advice on the most appropriate static supportive seating (including cushions), manual or powered wheelchairs and buggies (for children with special needs). She has extensive knowledge of seating and postural support systems, and a particular interest in enabling individuals to learn how to safely drive their own powered wheelchairs using adapted controls.

• Assessment for all types of equipment that either enhance an individual's independence or enable the provision of good care.

• Provision of Manual Handling Assessments, plans and training for families and their care team.

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Carolyn lives in Waltham Forest and married with 3 adult children. She is an active church member, and enjoys gardening, sailing, cooking and walking for relaxation.

"I hope all is well and you remember me. I am P's mum. You worked with him 5-6 years ago and helped to unlock his potential and transform him. I am eternally grateful. He is doing very well." Mother of a child with DCD - June 2018

{tab= Caroline}

Occupational Therapist specialising in Rehabilitation for Adults

Caroline Kingswood is a Senior Occupational Therapist working with adults and elderly people in their own homes. Caroline qualified as an Occupational Therapist in 1986, going on to complete a further Occupational Therapy degree in 1993.

Caroline has extensive experience working in a variety of health and social care settings including acute inpatient care, rehabilitation for both inpatients and in the community, as well as working in General Practice. Most recently Caroline has provided Occupational Therapy to a two year pilot project with Health 1000, a specialist GP Service for a discrete group of patients with long term conditions.

Now working for Quality Independence Ltd, Caroline can provide:

- Assessment and treatment for individuals who have physical difficulties, including adults needing rehabilitation at home following injury, an operation, a fall or the onset of a long term neurological condition (including Parkinson's Disease, Multiple Sclerosis, Stroke, Arthritis, Dementia, ME etc)

- Strategies and techniques to enable individuals to recover their loss of independence and develop their skills. This includes working with people with wide ranging difficulties including those with acute, complex and degenerative conditions.

- Assessment and advice for assistive equipment and adaptations to enable access and independence at home, such as grab rails, ramps, bathing equipment and accessible shower facilities.

- Moving and handling assessments and equipment recommendations to safely move people. Caroline is a qualified moving and handling adviser. She can provide training and support for carers and family members on the use of equipment, ensuring they are using it safely.

- Specialist static seating assessments and recommendations to enable individuals to be able to sit with appropriate support and pressure relief.

Caroline offers a client centred service and aims to work collaboratively with clients. She liaises closely with the wider support network of her clients, including families, carers and other professionals as required.

Caroline maintains her skills through attending conferences and study days.

Recent training undertaken: "Moving and Handling Train the Trainer" course and she is a member of National Back Exchange; "End of Life Care Pathway"; Bathroom Design; and Bereavement Counselling.

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Caroline lives in Redbridge. She is married with 2 children. Her interests include being involved in our local church community, supporting her children's schools PTAs and singing in her local Rock Choir.

{tab=Clayton}

Specialist Sports Coach & OT Assistant

Clayton Walker has been working with Quality Independence since September 2017. In addition to being an Occupational Therapy Assistant he is both the team technician (mending and adjusting equipment, seating and wheelchairs) and our sports coach.

Clayton is skilled at using football, basketball and other sports skill training to help children improve their coordination and motor abilities. He is passionate about sport and fitness, and about everyone being able to play!

Please telephone the office to book.

{tab=Claudette}

Team Administrator

Claudette is the team administrator and will usually answer the telephone if you call the office. She has worked at Quality Independence for 9 years and supports the occupational therapy team in any way possible.

Claudette will contact you to arrange your appointments and will send you your final reports and invoices.

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